

## Galiano Health Care Centre COVID-19 Response Team Report – May 19, 2020

As B.C. prepares for a slow "re-opening" of services and amenities, we would like to encourage everyone to continue to exercise physical distancing and good hand hygiene. There has not been a new confirmed case of COVID-19 in the Island Health district since May 7<sup>th</sup>, which is indicative of a flattened curve.

The BCCDC has a new survey for the public about their experience with COVID-19. This will help to shape the action plan for the re-opening of the province. http://www.bccdc.ca/health-info/diseases-conditions/covid-19/covid-19-survey

The email address for non-medical questions about COVID-19 on Galiano Island is still active. Please feel free to email <u>galianocoronaquestions@gmail.com</u> if you need information. We strongly advise residents to be weary of any "gossip" with respect to this virus.

If you have an illness or medical issue that is not COVID-19 related, please don't hesitate to call the clinic and make an appointment with your practitioner. If you are in a situation with troubling symptoms, whatever the cause, we want to support you to get the treatment that you need.

You will see some changes at the clinic in the coming weeks and months. Soon, our Allied Practitioners (Massage Therapy, Physiotherapy, Chiropractor, Foot Care) will be returning to the centre to treat patients. They will arrange for patients to access the clinic via the new Meeting Room entrance, and will not be accessing the main part of the clinic. Please contact your practitioner directly to find out their schedule and specific modifications for treatment.

The Dental Clinic will reopen as soon as we are able to operate under the new specifications of the College of Dental Surgeons of B.C.

When the Clinic is closed there is always a physician on call to provide advice if you are concerned. (1-800-866-5602). Do not hesitate to call this number if you have questions.

## Don't let yourself get too sick on Galiano Island.

## **Resources:**

Emergency symptoms (i.e. shortness of breath): 911

PHONE: 1-888-268-4319 (1-888-COVID-19)

Text: 1-604-630-0300

Self-Assessment tool: https://covid19.thrive.health/

BC COVID-19 Support App: Available for download on smart phones via the App Store or Google Play, or as

a website at <a href="https://bc.thrive.health/covid19app/home">https://bc.thrive.health/covid19app/home</a>

Canada Public Health: <a href="https://www.canada.ca/en/public-health.html">https://www.canada.ca/en/public-health.html</a>

Information on masks from BC CDC: http://www.bccdc.ca/health-info/diseases-conditions/covid-

19/prevention-risks/masks

Information on masks from Government of Canada: <a href="https://www.canada.ca/en/health-canada/services/drugs-health-products/medical-devices/activities/announcements/covid19-notice-home-made-masks.html">https://www.canada.ca/en/health-canada/services/drugs-health-products/medical-devices/activities/announcements/covid19-notice-home-made-masks.html</a>

Galiano Health Care Clinic: 250-539-3230

After hours on-call Doctor Pager: 1-800-866-5602

Galiano Health Care Society website: <a href="http://www.galianohealth.org">http://www.galianohealth.org</a>

Please send any non-medical, Galiano related COVID questions to galianocoronaquestions@gmail.com