



*Galiano*  
**HEALTH  
CARE  
SOCIETY**



**ANNUAL REPORT  
FOR 2018/2019**



# **AGM Agenda**

**April 27, 2019, 1:00 PM  
South Community Hall**

- 1. Introduction**
  - 1.1 Call to Order**
  - 1.2 Approve Agenda**
  - 1.3 Approve minutes of the last meeting April 22nd, 2018**
  
- 2. Executive Reports**
  - 2.1 President's report- Mike Hoebel**
  - 2.2 Treasurer's report - Helen Russell  
(Financial Statements & Appointment of Accountant)**
  - 2.3 Executive Director/Manager report- Linda Ruedrich**
  - 2.3a Community Wellness and Dental Clinic - Nancy and Lindsay**
  - 2.4 Approval of Executive Reports**
  
- 3. Committee Reports**
  - 3.1 Building Centre Expansion and Renovation - Mike Hoebel**
  
- 4. Nominations**
  - 4.1 Nominations and election - Diane Matson**
  
- 5. New Business**
  
- 6. Adjournment of Business Meeting**

**Guest Speakers:**

**Sarah Jesshope, NP  
Andrea Hamilton, HCCN  
Community Paramedics**

# 2018 AGM Minutes

**Galiano Health Care Society**  
1pm on Saturday, April 22, 2018  
Galiano South Community Hall

## 1. Introduction

- 1.1 Call to Order at 1: by Chair, Diane Matson
- 1.2 Approval of agenda and minutes

**MOTION:** to adopt the agenda as distributed

**MOVED** by Bernie Angelopoulos; Seconded by Christine Wilson

**MOTION:** to adopt the minutes from the 2017 AGM

**MOVED** by Helen Russell; Seconded by Carol Guin

## 2. Executive Reports

### 2.1 President's report by Diane Matson

- Thanks to all staff for patience through the upheaval of the planned renovation. We are hoping to be moving forward on it soon.
- Dr. Kate Parfitt is retiring. She will be missed.
- We are hoping to have nurse practitioner in place by June
- Two community paramedics will be joining the health team soon.
- Fundraising Campaign: Kicks off today, with the hope of raising \$150,000, which will reduce our mortgage to \$200,000. The campaign will last for 6 months.

### 2.2 Treasurer's report by Carol Wilson

- Society made \$6312 surplus. Had a very similar year to previous, with more expenses for some of the programs.

**MOTION:** to adopt the Financial Statements

**MOVED** by Suzan Crewe; Seconded by Carol Wilson

**APPROVED**

**MOTION:** to nominate Paterson-Henn Accounting Firm again for this year

**MOVED** by Carol Wilson; Seconded by Christine Stechishin

**APPROVED**

### 2.3 Executive Director/Manager's report by Linda Ruedrich

- Linda talked about the diversity in our community – from age to socioeconomic status, and how hard the centre works to meet all of the needs of our community.
- Linda noted that programs at the centre are going well, but the centre has outgrown its building, which is a good thing because it means it's getting used!

#### 2.4 Community Wellness Programs report by Nancy McPheeA

- Nancy and Lindsay have focused on:
  - Better at Home: funded by United Way; has been in operation since 2015
  - Aging in Place: primarily focused on education, through workshops and articles in the Active Page,
  - Nutrition Security: made 200 diabetic and heart smart meals in the past year
- Finding volunteer drivers continues to be a problem, but always trying to find more people
- For 2018, the wellness program will continue to work on food security, as well as advanced care planning.

#### 2.5 Dental clinic report by Lindsay Williams

- Dental clinic is doing well and is very vibrant. Dr. Onno has committed for the next 3 years, and Maureen, the hygienist comes ever six weeks.

**MOTION:** to accept the executive reports:

**MOVED** by Christine Stechishin; Seconded by Kendal Mathison

**APPROVED**

### 3. Committee Reports

#### 3.1 Governance by Diane Matson

- Special and Ordinary Resolutions for new Societies Act of BC

**Be it resolved as a special resolution that the current Constitution and Bylaws of the GHCS be transitioned to comply with the new/current Societies Act of BC**

**MOVED** by Diane; Seconded by Carol

**APPROVED**

**Be it resolved as an ordinary resolution that the directors of the Society be authorized and permitted to make all the necessary fillings to cause the new form of Constitution and Bylaws of the Society to be brought into effect upon transition of the Society under the Societies Act of BC**

**MOVED** by Diane; Seconded by Carol

**APPROVED**

### 3.2 Building Centre Expansion and Renovation by Mike Hoebel

- Over the past year, the expansion project has moved forward in the following ways:
  - Architect has completed drawings, with input from structural, mechanical, electrical, and civil engineering consultants.
  - CRD has approved plans and issued a building permit
  - Board has accepted quote from local general contractor
  - Moving forward on quote for installation of a new septic system
  - Budget for renovation has been developed, totalling \$760,000 (\$60,000 in soft costs; \$700,000 in capital costs).
  - Funds for capital portion of the project have come from: 1) Society's capital reserve (\$200,000); 2) CRD (\$150,000); 3) mortgage (\$350,000)
- Mike went over the design, and the community had questions about the cleaning/storing of medical equipment, security, earth quake proofing, and generators in the case of power outages.
- Questions were also asked about whether we have looked into federal funding (we have)
- If all goes well, construction will begin this summer!

### 4. Nominations

4.1 Five board members are 'timing' out and leaving the board. Thanks to Diane Matson, Carol Wilson, Jenna Shapka, Art Moses, and Murray Skuce. Nominees for the new spots include, Michael Hoebel, Kendall Kyle, Sandy Martin, Sydney Massie, Christine Wilson, Ian McSorley

The 6 new nominees were acclaimed. Welcome to the Board!

### 5. New Business

5.1 Wine Fest finger food. Judy Garland noted that the amount of baking has decreased over the years, and put out a plea for people to sign up now and commit to making food for the wine fest. Also, she's looking for more volunteers for the kitchen.

5.2 On-call Coverage – Judy Garland asked about what is happening with this. Essentially nothing has changed in that the doctor shares on-call duties with Pender and Mayne, but we have not been able to get any movement to reinstate an on-call nurse.

The next Board meeting was set for April 24<sup>th</sup> at 9am; location TBD. A presentation following the meeting was given by John McNally, our mental health clinician.

**The meeting was adjourned at 2:11pm**

# President's Report

The past year has been very busy for your board of directors. After years of planning and fundraising, we finally broke ground last November for the much needed expansion and renovation of the 25 year old community Health Centre. The existing building is being extended on three sides. On the north (driveway) side we are adding a large meeting room/multipurpose room space. On the east (Burrill Road) side we are adding two more offices and a staff room, and on the south (Lions) side we're adding an expanded janitorial and storage area. The total square footage being added on the main floor is about 1200 square feet, and there is additional new storage being created in part of the attic as well. The new wings are only part of the project. In June we will move some staff offices into the new east wing, and begin work on the interior renovations. These include constructing a new and larger emergency treatment room at the front of the building that will have its own outside doors to the parking area. This will make it much easier to move patients into the emergency treatment room when they arrive by ambulance. Other interior renovations will create new exam rooms for the doctor, enlarge the nurse practitioner office space, and create additional workspace for the front desk staff. We expect that all the interior renovations will be completed in the late fall.

Architect Chad Mooney has worked closely with us in designing the new spaces. Galiano builder Dave Koster is the general contractor for this project, and Bernd Carolsfeld is the project manager. Dave and Bernd are carrying out the work with great care and expertise. Fred Stevens has carefully excavated, back-filled, and shaped the ground around the building extensions, and we can already begin to think about future landscaping and plantings. Fred will also be involved in installing a new septic system for the Health Centre later this year.

As expected, a construction project such as this involves some unavoidable noise and other disturbance, but all the workers are trying their best to minimize the amount of disruption to the ongoing operation of the Health Centre. The adaptability and good humour of the health practitioners and staff throughout the construction period is much appreciated.

The significant cost of this ambitious project is being funded from several sources, including fundraising events, donations from islanders, a grant from the Capital Regional Hospital District, and a line of credit from Vancity Credit Union, which will be converted to a mortgage once construction is completed. In particular, it is the tremendous generosity of islanders that has made it possible for this project to go forward.

Thanks to my fellow board members for all their work on behalf of the Society. And thanks to our dedicated staff and to the medical practitioners who provide such excellent service to the community. I would also like to welcome several new Island Health and provincial employees to their first Health Care Society AGM: Nurse Practitioner Sarah Jesshope; Community and Home Care Nurse Andrea Hamilton; and Community Paramedics Marika De Mooy and Chris Terpenning.

Mike Hoebel

# Treasurer's Report

Today marks the end of my first year as Treasurer for GHCS. This treasurer's position is very different from other ones I have held — where I was responsible for making the deposits, writing the cheques, creating the tax receipts, balancing the books, etc. Now, this is all administered by the incomparable Linda Ruedrich, with the stellar help of Lindsay Williams. I am in awe of their expertise. My contribution is to oversee, to offer opinions, and to give sage advice.

While our income comes from a variety of sources (CRD tax, our various programs, the medical and dental clinics, VIHA, etc.), the support of the Galiano community is absolutely essential to our existence and wellbeing - never more-so than now. The past year, with the building renovation in full swing, this is even more consequential. And, as always, Galiano has come through. We are most grateful for your generous support - donations large and small, bequests, purchase of memberships and bricks, and participation in our various fundraisers. The Wine Festival (sold out again this year) netted over \$21,000; the May Plant Sale, Polar Brrr Swim, etc. more than \$9,600. Many of you also willingly give of your time whenever asked. We are most appreciative. Building costs also include personal costs for the staff, clients and volunteers. We thank all of you for your patience and good will through this upheaval. We will be delighted when this essential renovation/addition is complete, and proud that we have been a part of the process.

Finally, I have two motions to make:

- 1) I move to adopt the Financial Statements for 2018.
- 2) I move to appoint the firm of Paterson-Henn Accountants to prepare the Financial Statements for 2019.

Helen Russell

**GALIANO HEALTH CARE SOCIETY**

**Financial Statements**

**Year Ended December 31, 2018**

*(Unaudited - See Notice To Reader)*

**GALIANO HEALTH CARE SOCIETY**  
**Index to Financial Statements**  
**Year Ended December 31, 2018**  
*(Unaudited - See Notice To Reader)*

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**PATERSON HENN CPA**  
CHARTERED PROFESSIONAL ACCOUNTANTS

**Caroline M. Paterson, CPA, CGA\***

**Sheila C. Henn, CPA, CA\***

\* denotes Incorporated Professionals

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## NOTICE TO READER

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On the basis of information provided by management, we have compiled the statement of financial position of Galiano Health Care Society as at December 31, 2018 and the statements of revenues and expenditures and changes in net assets for the year then ended.

We have not performed an audit or a review engagement in respect of these financial statements and, accordingly, we express no assurance thereon.

Readers are cautioned that these statements may not be appropriate for their purposes.

Sidney, British Columbia  
April 6, 2019

*Paterson Henn CPA*

Chartered Professional Accountants

**GALIANO HEALTH CARE SOCIETY**

**Statement of Financial Position**

**December 31, 2018**

*(Unaudited - See Notice To Reader)*

	<b>2018</b>	<b>2017</b>
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	\$ 418,867	\$ 140,161
Cash and cash equivalents - restricted	212,335	191,079
Accounts receivable	12,985	13,305
	<u>644,187</u>	<u>344,545</u>
<b>CAPITAL ASSETS (Note 3)</b>	<u>197,230</u>	<u>186,285</u>
	<u>\$ 841,417</u>	<u>\$ 530,830</u>
 <b>LIABILITIES AND NET ASSETS</b>		
 <b>DEFERRED REVENUE</b>	 <u>\$ 78,794</u>	 <u>\$ 29,415</u>
 <b>NET ASSETS</b>		
General Funds	392,528	364,915
Capital Reserve	370,095	136,500
	<u>762,623</u>	<u>501,415</u>
	<u>\$ 841,417</u>	<u>\$ 530,830</u>

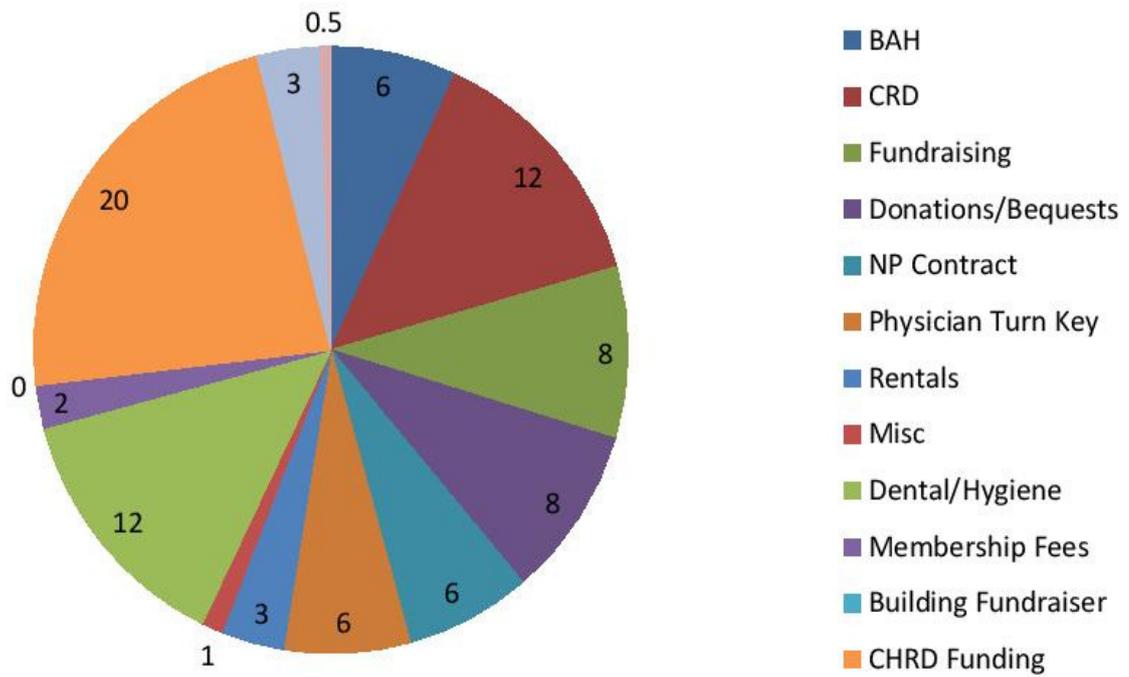
**GALIANO HEALTH CARE SOCIETY**  
**Statement of Revenues and Expenditures**  
**Year Ended December 31, 2018**  
*(Unaudited - See Notice To Reader)*

	2018	2017
<b>REVENUES</b>		
BCACHC Funding	\$ 300	\$ -
Better at Home program	45,955	38,454
CRD tax income	85,000	85,000
CRHD Funding for Reno/Expansion	150,000	-
Dental clinic income	65,527	56,766
Dental hygiene clinic income	23,005	21,256
Donations and bequests	132,662	61,629
Fundraising income	51,841	62,527
GST rebate	-	770
Government grants	1,500	1,500
Interest income	14	1,543
Medical clinic income	5,603	8,209
Membership fees	5,917	5,770
Nurse Practitioner Income	35,462	35,575
Physician turn key Income	38,352	68,940
Rental income	21,538	27,355
VIHA clinic support income	24,049	-
	<u>686,725</u>	<u>475,294</u>
<b>EXPENSES</b>		
Advertising and promotion	3,593	1,851
Bank charges and interest	1,592	1,724
Buildings and grounds expense	31,596	39,753
Dental clinic expenses	67,768	60,286
Dental hygiene clinic expenses	14,414	15,795
Fundraising expenses	17,445	14,871
Insurance	7,522	7,469
Medical clinic expenses	6,040	5,080
Nurse practitioner expense	34,752	35,301
Physician turn key expenses	52,193	63,326
Professional fees	2,271	1,635
Programs and community grants	67,645	60,619
Staffing and office expenses	105,782	93,163
	<u>412,613</u>	<u>400,873</u>
<b>EXCESS OF REVENUES OVER EXPENSES FROM OPERATIONS</b>	<u>274,112</u>	<u>74,421</u>
<b>OTHER INCOME</b>		
Amortization	\$ (12,904)	\$ (14,587)
Transfer to Capital Reserve	(233,595)	(20,000)
	<u>(246,499)</u>	<u>(34,587)</u>
<b>EXCESS OF REVENUES OVER EXPENSES</b>	<u>\$ 27,613</u>	<u>\$ 39,834</u>

**GALIANO HEALTH CARE SOCIETY**  
**Statement of Changes in Net Assets**  
**Year Ended December 31, 2018**  
*(Unaudited - See Notice To Reader)*

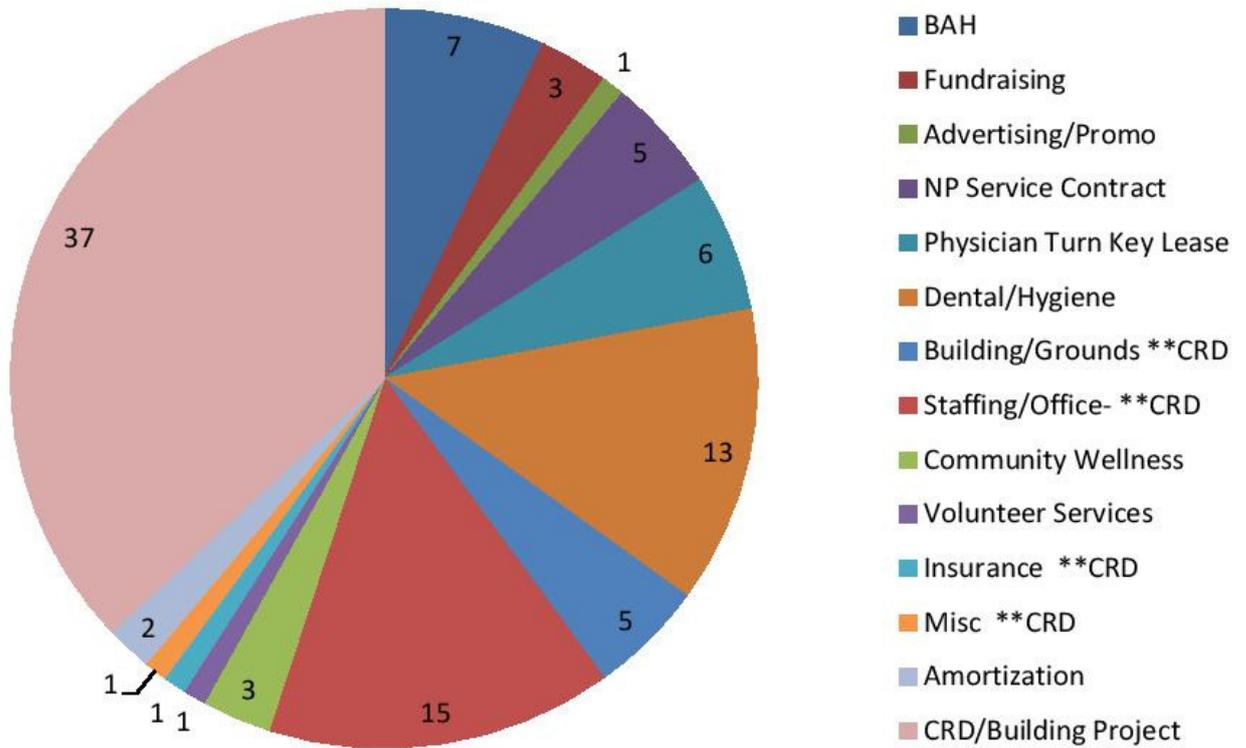
	General Funds	Capital Reserve	2018	2017
<b>NET ASSETS - BEGINNING OF YEAR</b>	\$ 364,915	\$ 136,500	<b>\$ 501,415</b>	\$ 441,581
Excess of revenues over expenses	27,613	-	<b>27,613</b>	59,834
Contributions during year	-	233,595	<b>233,595</b>	-
<b>NET ASSETS - END OF YEAR</b>	<b>\$ 392,528</b>	<b>\$ 370,095</b>	<b>\$ 762,623</b>	<b>\$ 501,415</b>

## 2018 GHCS Income



- BAH - \$45,955 6%
  - CRD - \$85,000 12%
  - Fundraising - \$51,841 8%
  - Donations/Bequests - \$49,067 8%
  - NP Contract - \$35,462 6%
  - Physician Turn Key Lease - \$38,352 6%
  - Rentals - \$21,538 3%
  - Misc. - \$5,917 1%
  - Dental/Hygiene - \$88,532 12%
  - Membership Fees - \$5,917 2%
  - Building Fundraiser-\$83,595 12%
  - CRHD Funding for Building \$150,000 20%
  - Parks and Rec Grant \$1,500 .5%
  - IH clinic parental leave support \$24,049 3%
- Total Income: \$ 686,725

## 2018 GHCS Expenses



- BAH - \$ 43,595 7%
- Fundraising - \$17,445 3%
- Advertising/Promo - \$3,593 1%
- NP Service Contract - \$34,752 5%
- Physician Turn Key Lease - \$52,193 6%
- Dental/Hygiene - \$82,182 13%
- Building/Grounds - \$31,596 5%
- Staffing/Office - \$ 96,831 15%
- Community Wellness - \$ 19,135 3%
- Volunteer Services - \$ 4,715 1%
- Insurance - \$7,632 1%
- Misc. - \$ 6,040 1%
- Amortization - \$12,904 3%
- Capital/Building Project 36%

**Total Expenses - \$ 646,208**

**\*\* CRD indicates what categories of expense the Tax Levy Funds can be used for.**

# Musings from the desk of Linda Ruedrich, Executive Director

I have always been a practical, no nonsense type of woman, having been raised on a pioneering prairie farm, where we all worked side by side, and not with those fancy air-conditioned tractors they call farm equipment these days. What it taught me mostly was the appreciation of the work done by the person standing and working beside you; because dollars to doughnuts that work of yours would be incomplete or not be possible without their contribution and efforts. I guess that because of these values instilled in me from the beginning, I was always skeptical of the new age mantras like “be all you can be” and “I am attracting all the things I deserve”, it all seems too self-involved. But the one thing I do appreciate is the concept of gratitude. Like Lindsay, our hyper competent and all around amazing managerial assistant likes to say, “Put that in your gratitude basket”, but come to think of it, that is usually after I have gone off on some political tangent about animal welfare or air-conditioned tractors. Gratitude. Something we often forget, or take for granted, so it’s not expressed as often as it should be.

This report this year is mostly about gratitude and appreciation, with a bit of history and questionable humor thrown in.

I am very grateful for the dedication and long years of service that the staff that work for the health care society have shown, and continue to give to this community to ensure we have consistent and quality health care services and resources. Ayla will have been our main janitorial staff person for 10 years in September; Krisitina has worked both janitorial and the dental assistant job for the last 6 years; Nicole has worked as an MOA, an LPN, and as the IH staff person responsible for ensuring the functioning of the Emergency Treatment room for the last 6 years; Jenni and Jessie are newer additions to the team with 3 and 1.5 years respectively. Our Managerial Assistant and Community Wellness worker Lindsay has been on the team for 4 years, and Nancy, the Aging in Place and Better at Home Coordinator has been with us for just past 7 years. Completing our staff component are the Better at Home Support Workers, 3 who have been with the program from its start in 2015, Chris, Tai and Patti, and Bev joined us in 2017. We will be saying goodbye to Patti this month; she is off to new adventures. Oh yes, and myself, I started working for the society in March of 2003, a much less wrinkled and darker haired version, oh wait, that’s right, my hair was blue then too, but anyway I have been stoking the fires for Galiano’s health and wellness resources for the last 16 plus years. Underachiever or dedicated leader, you decide.

Gratitude for the 5 plus years of doctoring from Erin, and the new care given by Sarah and Andrea.

As well as staff, we have had board members who have given very much of their time to health care services, including Diane Matson who will be taking a rest after 5 years of active support after this meeting.

It has been a challenging year, the pressures of doing anything worthwhile always are challenging. We hope to find some new energy and ideas when we move into our new digs later this year.

All of this is to say that the people you deal with when you come to the centre, or the people behind the scenes at the centre, or in seniors houses out of the centre, have all committed to giving the best of themselves to the work they do, and I would ask that when you have the good fortune to deal with them, you hand out some of that gratitude that makes the world a better place.

April 16, 2019

## **April 2018 - April 2019 Board of Directors**

Bernie Angelopoulos	Director
Rick Beauchamp	Director
Suzan Crewe	Director
Mike Hoebel	President
Keith Hutchinson	Vice President
Kendall Kyle	Secretary
Sandy Martin	Director
Sydney Massie	Director
Diane Matson	Past President
Ian McSorley	Director
Sher O'Hara	Director
Helen Russell	Treasurer
Christine Wilson	Director

# Community Wellness

Community Wellness is an amalgamation of Aging in Place, Better at Home & Volunteer Drivers.

Highlights include:

- a mutually beneficial relationship with the Galiano Food Program where we worked together to produce more meals which suit those community members who have dietary considerations such as pre-diabetes and heart disease. GHCS and Community Wellness produced a brochure which we have been handing out at the Soup and Bread days. Both the NP and Doctor have a supply in their office to hand out to patients.
- GHCS purchases meals prepared by the Galiano Food Program and re-sell them from the freezer in the Clinic lobby. This past year we paid for \$4,784.45, received \$3,198.26 through purchases. We support those who need it by \$1,500.00 +per year.
- The Transitions Group hosted a very well attended workshop in January 2018, on Medical Assistance in Dying, with MAiD physician Dr Stefanie Green. Transitions will follow up this year with two workshops - one in June and one in September.
- We held one Advance Care Planning workshop last May 2018 with 6 participants. Another is planned for June 5th 2019.
- Better at Home has 24 clients (number includes 4 couples). 7 households receive a full subsidy and receive up to 4 hours of housekeeping per month at no charge. 7 households pay the full amount which helps a bit to offset the costs. Many of these clients also receive Home Care support services too which enable seniors to stay at home longer. For the first time, there is a waitlist of 5 people.
- Better at Home has 3 part time employees who provide the Better at Home Services to our clients. We are affiliated with Raising the Profile, the Seniors Planning Table, Better at Home Salish Sea Community of Practice.
- Volunteer drivers continue to be a challenge for us. We encourage people to find a friend or family member to accompany them to off island appointments. We also have a relationship with the Volunteer Driver Program at Beacon Services Shoal Centre who will pick up people from the ferry, take them to the appointment and return them to either Sidney or the ferry. It has been used a couple of times and seems to work. On-island appointments are easier.
- Galiano Parks and Rec support two programs through GHCS - Walk and Talk and a Visiting program for socially isolated seniors. Walk and Talk, a perennial favourite, continues with terrific volunteer leadership from Jenelle Cooper, Sandy Martin, John New, Ralph New, Patricia Carlson, Lee Musselle.

Thank you to Linda Ruedrich for having our back and Lindsay Williams who supports the Community Wellness programs when we need it, stepping in to step up, figuring the tech details and does the BH billing. We look forward to working with the Allied Health Professionals on the island to support seniors to be the best they can be at home.

Nancy McPhee  
Community Wellness Coordinator

# Fundraising Updates

This year the major focus of our fundraising has been for the expansion and renovation of the Health Care Centre. Through the generous support of Galiano residents and those friends of the island to date we have managed to raise over \$100,000. This includes two grants - one from The Victoria Foundation and one from Blue Cross which will be used to support Mental Health and Telehealth

This money will go a long way toward keeping the amount we have to borrow reasonable.

We had another great turn out at the Polar BRRR swim and surpassed the \$3900.00 we raised in 2018 taking in \$4500.00 this year.

The Plant Sale raised over \$5000.00 last May and will be held again the Saturday of the May long weekend, May 18 from 10:00 to 2:00 in the Health Centre Parking lot. We will also be drawing the winning raffle ticket for the gorgeous Bocci light fixture valued at \$1200.00 donated by Randy Bishop and Omer Arbel.

Our major fundraiser is still the Wine and Beer Tasting Festival, which this year will be on August 10 from 1:00 - 4:00. Last year we made \$21,000.00.

Memberships, donations, brick sales and bequests all help to get more funds to run the programs that are so important to the residents of Galiano and we would like to thank you all for your support and generosity.

Respectfully submitted by  
Diane Matson  
Past President

